



2009 BRITISH GAS WELSH SCHOOLS & SWIM WALES WINTER NATIONALS

09WL1-009

(under FINA Technical Rules & Swim Wales Laws)

Friday 20th - Sunday 22nd November

All session times to be confirmed

**WALES NATIONAL POOL
SKETTY LANE,
SWANSEA**

**EVENT INFORMATION
& ENTRY FORMS**



- 06.02** Finals
(Please note this may vary with different Competitions- see Meet Information)
 In the finals, the maximum number of places practicable shall be allocated up to a total of eight competitors. When the programme of events includes semi-finals and finals the following shall apply: -
- 06.02.01** Semi-finalists shall be cyclically seeded from the results of the heats.
- 06.02.02** Finalists shall be allocated lanes using the spearhead principle from the results of the semi-finals.
- 06.02.03** In the 800 & 1500m events the fastest eight Competitors shall go forward to the final heat which shall be swum in the finals session.
- 06.02.04** The fastest heat of HDW events will be spearheaded
- 06.03** Withdrawals Procedure - Individuals
 All withdrawals must be notified to the Meet office.
- 06.03.01** The Meet office must be informed of any withdrawals no later than 5.00pm on the day before competition.
- 06.03.02** Under exceptional circumstances only, withdrawals on the day of the Championship event may be accepted. However, these must be notified to the Meet Office on the relevant form.
- 06.03.03** Competitors failing to comply with the above shall be fined £10 for each inappropriate withdrawal.
- 06.03.04** Competitors wishing to withdraw from a semi-final or a final must inform the Meet Office (or Withdrawals Table if applicable) in writing on the relevant form immediately after the list of semi-finalists or finalists has been published or announced but within 20 minutes of the end of the session
- 06.03.05** Competitors who fail to appear for finals or the final heat of a Heat Declared Winner event will be fined and may be subject to further disciplinary action.
- 06.03.06** Any competitor withdrawing from a semi-final or a final preventing a reserve from taking part (except in the case of genuine illness or of a proven emergency) shall be fined as an inappropriate withdrawal and may be suspended immediately from all events at the Meet.
 Where a reserve is brought in, the reserve shall occupy the vacant lane and there will be no amendments made to the allocation of other lanes.
- 06.04** Start Sheets
 Start sheets will be prepared after the withdrawal deadline each day and will be available on the morning of the event.
- 06.05** Marshalling
 It is the responsibility of the swimmer to report to the marshalling area in plenty of time before the event
- 06.06** Call Room
 It is the responsibility of the swimmers and reserves to report to the call room 15 minutes before the start time for their final, and to remain in the call room until the marshal indicates they are to proceed to the poolside. Once a swimmer has entered the call room, coaches shall have no access to their swimmers until the final has been completed.
 Swimmers and reserves who do not comply with the above conditions will be treated as a withdrawal as in points 06.03.05/06
PLEASE NOTE IF SWIMMERS DO NOT REPORT TO THE CALL ROOM AT THE APPOINTED TIME, THEY WILL NOT BE ALLOWED TO SWIM IN THE FINAL.
- 06.07** Presentations
 The Meet Director may decide to carry out presentations during the finals session. Competitors must report to the Presentation Marshall immediately after completion of their final. **Appropriate clothing, i.e. full tracksuit and training shoes must be worn for the presentation.** (Awards may not be presented if inappropriately dressed)
- SW07** Other conditions
- 07.01** Starts
 Over the top starts will, where necessary or appropriate, be used during Meets (except in the backstroke events).
- 07.02** Competitors' passes.
 No competitors passes will be issued but all swimmers are asked to ensure that they have their membership card with them. Checks on these will take place throughout the Meet.
- 07.03** Coaches/Chaperones
 All Coaches and Chaperones must have relevant accreditation. Applications for coaches/chaperones passes must be made on the official form enclosed in the information pack. All coaches chaperones and support staff must be a registered member of Scottish Swimming/Swim Wales/ or the ASA and be registered on their home country's Child Protection Database.
Please note the closing date for coaches/chaperones passes will be the same as the closing date for entries for the Meet. Applications received after this date will be rejected.
- 07.04** Presentations
Presentations will only take place if time permits.
- SW08** Safety
 All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.
- SW09** TV, Video or Close Range Photography
 When the competition involves young persons under the age of 18 years it shall be a requirement that staff shall be appointed at the entrance control to register details of any persons wishing to engage in any video, zoom or close range photography whether by camera, video or mobile phone.
Proof of identity will be required to register your photographic equipment for use at this event e.g. Driving License with photograph or Passport.

General Information
Welsh Schools and Swim Wales Winter Nationals

Only competitors who are Welsh qualified and registered with Swim Wales may enter this event

THE VENUE

Wales National Pool Swansea
Sketty Lane
Swansea
SA2 8QG

ACCOMMODATION

Information regarding accommodation in Swansea is available on www.swansea.gov.uk

CLOSING DATE FOR ENTRIES

5.00pm Monday 12th October, 2009

ENTRIES

All entries must be submitted electronically with one cheque to cover all swimmers. Only one file per club is permitted. No entries will be processed until the correct payment is received.

Entries must be produced from Hy-Tek's Team Manager or Team Manager Lite software and be provided on a floppy disc, CD or as an e-mail attachment.

The following reports are required to accompany the entry file: Hy-Tek Meet entry sorted by name and Hy-Tek meet entry fee (located under the reports header and performance) along with the Meet Summary Sheet (in this entry pack).

For this meet: Swimmers must enter under their Club as their first club and school (if applicable) as second club. They must include their School Year and swim within the correct school year. A list of school codes currently registered is available on the www.welshasa.co.uk website. For any additional codes please email events@welshasa.co.uk.

- To add a School Year in TM: In the Set Up menu, go to Groups/Sub Groups/Codes. Click on the Add button and fill the year number for code, School year as the description and select school year as code type. Click OK
- To Add School Team in TM: In Team menu, go to Add. Fill team code, team name & Short name as per school codes on website. Click OK.
- In the athlete header; click on swimmer – this will highlight. Click Edit and in the member of section enter team 2 as school and school year.

Copies of the Team Manager Lite application can be downloaded free of charge from <http://www.hy-tek ltd.com/downloads.html>

The Event entry file and further information on electronic entry is available at www.welshasa.co.uk

It is strongly recommended that you return your forms by RECORDED DELIVERY to ensure receipt. Cheques must be made payable to Swim Wales "and crossed"

Entries will be rejected for the following reasons:

- They are received without the relevant fee,
- Incorrectly completed
- Received after 5.00pm at the closing date and not sent recorded delivery prior to this date.
- Not received in the correct Hy-tek tm format. E.g. 4 letter club code-entries00?.

NB: The Swim Wales Organisers may request validation of any stated entry time.

Entry Information will be posted on the www.welshasa.co.uk website and will be emailed to the addresses that completed the submitted entry

ENTRY FEES

£7.00

AGE GROUPS

- Girls Yr 9 & Under (tm 10-14) (Ages listed below).
Born 1.09.98 – 20.11.99 Yr 7 (1.09.97 – 31.08.98) Yr 8 (1.09.96 – 31.08.97) Yr 9 (1.09.95 – 31.08.96)
- Boys Yr 9 & Under (tm 11-14)
Born 1.09.98 – 20.11.98 Yr 7 (1.09.97 – 31.08.98) Yr 8 (1.09.96 – 31.08.97) Yr 9 (1.09.95 – 31.08.96)
- Girls & Boys Yr 10 – 11 (tm 14-16)
Yr 10 (1.09.94 – 31.08.95) Yr 11 (1.09.93 – 31.08.94)
- Girls & Boys Yr 12 & Over (tm 16 & Over)
Yr 12 (1.09.92 – 31.08.93) Yr 13 (1.09.91 – 31.08.92) Open

MEET CONDITIONS

- Swim Wales reserves the right to return or reserve entries if the Meet is oversubscribed
- Qualifying and consideration times must be achieved in the year prior to the closing date.
- No swimmer will receive an award if their time is outside the qualifying time.
- Age as at first day of meet
 - [a] Heats – In non HDW events. The event year bands will be swum together with the fastest 8 competitors progressing to the final. Competitors shall be placed in graduated time order, slowest to fastest and the last three heats shall be cyclically seeded.
 - [b] Heats – In HDW events. The event year bands will be swum together. Competitors shall be placed in graduated time order slowest to fastest. All Heats will take place in the HDW session.
 - [c] Swim Wales reserves the right to allocate up to four heats for swimmers who attend Welsh Schools.
 - [d] Finals – The maximum number of places available will be allocated.
 - [e] Finalists shall be allocated lanes using the spearhead principle from the results of the heats.
 - [f] All Finalists, together with the reserves, **MUST** report to the designated call facility at least 15 minutes prior to the advertised time for their final. They shall remain in the call facility until taken on to the poolside for their race by the appointed official, or, as a reserve not required to swim, released. Failure to do so will result in them being excluded from the final.

PRIZES

Medals will be awarded to 1st – 3rd placed

DOPING CONTROL

Swimmers are warned that random doping control may take place during this Meet.

SPECTATORS

Admission charges

- £4.00 per session including free admission to finals session
- £7.00 per day
- £20.00 per weekend pass
- Reduced rates for children Under 16 / Senior Citizens

Programmes will also be available for purchase

The seating at the WNP Swansea is arranged in rows that lead directly onto the pool deck. The first 5 rows are reserved for swimmers, coaches and team managers. **Spectators will not be allowed into this area.** Swimmers must make themselves available for marshalling as soon as advised by the public address system. Unless moving to marshalling, from swim down or following the completion of an event swimmers, coaches and team managers are requested to remain in their seats and not stand on the pool deck. A clockwise one way system will be in operation on the pool deck in order to keep the poolside area as free as possible.

The Spectator Area must be cleared at the end of each session.

IMPORTANT – COACHES/CHAPERONE PASSES

All Coaches and Chaperones must have relevant accreditation. Applications for coaches/chaperones passes must be made on the official form enclosed in this pack. All coaches chaperones and support staff must be a registered member of Scottish Swimming/Swim Wales/ or the ASA and be registered on their home countries child protection database.

PLEASE BE AWARE THE CLOSING DATE FOR PASSES WILL BE 12th October 2009. APPLICATIONS RECEIVED AFTER THIS DATE WILL BE SUBJECT TO A £25 FEE.

CAR PARKING

A total of 250 car parking spaces including 21 disabled places and 3 coach bays are provided at the Wales National Pool. This is a pay and display car park and all charges are governed by WNP.

REFRESHMENTS

There is a cafe area serving refreshments for swimmers and spectators throughout the weekend. Refreshments may not be taken onto the poolside. There are also vending machines available for drinks.

SMOKING

Swim Wales has been asked by WNP Ltd to inform everyone using the facility that the complete complex, including the car park, is designated as a non smoking area. Chewing gum is also banned.

CAMERA USE

The use of **all** photographic equipment is controlled at this meet and everyone is reminded that such equipment should not be used without a pass.

Passes can be obtained (free of charge) from the entry desk **upon proof of identity e.g. driving licence**. You will be issued with a tag for your photographic equipment and this must remain attached within the WNP area. Equipment being used without a pass will be removed. The records of camera use will be retained by Swim Wales.

MOBILE PHONES

WNP Ltd bans the use of Mobile Phones on the complex.

MEET OFFICE

A Meet Office will be open for the duration of the meet and can be contacted on 01792 – 513636

Additional entry forms can be found on www.welshasa.co.uk



2009 BRITISH GAS SWIM WALES WINTER NATIONALS QUALIFYING TIMES

Girls LC	Born 1.09.98 – 20.11.99	Yr 7 (1.09.97 – 31.08.98)	Yr 8 (1.09.96 – 31.08.97)	Yr 9 (1.09.95 – 31.08.96)	Yr 10 (1.09.94 – 31.08.95)	Yr 11 (1.09.93 – 31.08.94)	Yr 12 (1.09.92 – 31.08.93)	Yr 13 (1.09.91 – 31.08.92)	Open
100 Free	01:14.84	01:14.84	01:09.90	01:08.31	01:05.83	01:05.24	01:05.01	01:04.69	01:04.69
200 Free	02:39.68	02:39.68	02:32.95	02:28.02	02:22.39	02:20.25	02:19.54	02:19.24	02:19.24
400 Free	05:39.73	05:39.73	05:25.98	05:24.38	05:00.73	04:56.26	04:55.69	04:55.02	04:55.02
800 Free	11:39.88	11:39.88	11:12.03	10:37.05	10:15.61	10:15.32	10:14.48	10:13.88	10:13.88
1500 Free	22:13.10	22:13.10	21:21.35	21:02.64	20:52.08	20:45.44	20:30.02	20:28.79	20:28.79
100 Back	01:30.55	01:30.55	01:22.40	01:18.26	01:16.47	01:16.12	01:15.97	01:15.22	01:15.22
200 Back	3:08.39	3:08.39	02:53.43	02:46.64	02:43.68	02:43.07	02:43.00	02:42.54	02:42.54
100 Brst	01:42.49	01:42.49	01:33.65	01:32.83	01:30.60	01:28.65	01:28.01	01:27.89	01:27.89
200 Brst	03:41.87	03:41.87	03:23.09	03:22.29	03:21.32	03:20.17	03:18.95	03:18.42	03:18.42
100 Fly	01:39.67	01:39.67	01:28.95	01:27.52	01:18.54	01:18.11	01:17.98	01:17.35	01:17.35
200 Fly	03:39.68	03:39.68	03:12.92	03:05.40	02:59.10	02:55.54	02:53.36	02:52.88	02:52.88
200 IM	03:03.31	03:03.31	02:53.22	02:49.60	02:48.21	02:43.31	02:42.62	02:42.31	02:42.31
400 IM	06:40.43	06:40.43	06:29.66	06:05.58	05:49.46	05:42.32	05:42.05	05:40.63	05:40.63

Boys LC	Born 1.09.98 – 20.11.98	Yr 7 (1.09.97 – 31.08.98)	Yr 8 (1.09.96 – 31.08.97)	Yr 9 (1.09.95 – 31.08.96)	Yr 10 (1.09.94 – 31.08.95)	Yr 11 (1.09.93 – 31.08.94)	Yr 12 (1.09.92 – 31.08.93)	Yr 13 (1.09.91 – 31.08.92)	Open
100 Free	01:16.16	01:16.16	01:13.26	01:08.35	01:02.91	01:01.28	01:00.29	01:00.15	01:00.15
200 Free	02:42.97	02:42.97	02:38.34	02:26.99	02:18.17	02:13.34	02:13.00	02:12.22	02:12.22
400 Free	05:47.53	05:47.53	05:33.81	05:02.36	04:43.54	04:35.50	04:34.44	04:34.05	04:34.05
800 Free	12:14.85	12:14.85	11:11.85	10:10.46	09:55.82	09:46.50	09:43.91	09:42.48	09:42.48
1500 Free	22:43.42	22:43.42	21:45.18	20:42.19	19:06.67	19:04.12	18:52.75	18:50.63	18:50.63
100 Back	01:31.35	01:31.35	01:26.84	01:22.97	01:14.80	01:14.02	01:13.14	01:12.04	01:12.04
200 Back	03:06.37	03:06.37	03:03.25	02:56.62	02:41.50	02:38.62	02:36.26	02:34.63	02:34.63
100 Brst	01:44.43	01:44.43	01:39.92	01:34.80	01:27.91	01:22.73	01:22.06	01:21.98	01:21.98
200 Brst	03:37.89	03:37.89	03:31.86	03:27.15	03:12.52	03:08.59	03:07.86	03:07.02	03:07.02
100 Fly	01:41.37	01:41.37	01:38.50	01:29.70	01:17.85	01:12.90	01:12.46	01:12.03	01:12.03
200 Fly	03:38.25	03:38.25	03:31.88	03:17.78	02:51.16	02:45.26	02:39.98	02:39.28	02:39.28
200 IM	03:06.14	03:06.14	03:02.87	02:48.67	02:39.78	02:33.04	02:31.44	02:30.80	02:30.80
400 IM	06:37.65	06:37.65	06:23.10	06:16.29	05:34.57	05:29.64	05:29.61	05:28.67	05:28.67

Girls SC	Born 1.09.98 – 20.11.99	Yr 7 (1.09.97 – 31.08.98)	Yr 8 (1.09.96 – 31.08.97)	Yr 9 (1.09.95 – 31.08.96)	Yr 10 (1.09.94 – 31.08.95)	Yr 11 (1.09.93 – 31.08.94)	Yr 12 (1.09.92 – 31.08.93)	Yr 13 (1.09.91 – 31.08.92)	Open
100 Free	01:13.37	01:13.37	01:08.53	01:06.97	01:04.54	01:03.96	01:03.74	01:03.42	01:03.42
200 Free	02:36.55	02:36.55	02:29.95	02:25.12	02:19.60	02:17.50	02:16.80	02:16.51	02:16.51
400 Free	05:33.07	05:33.07	05:19.59	05:18.02	04:54.83	04:50.45	04:49.89	04:49.24	04:49.24
800 Free	11:26.16	11:26.16	10:58.85	10:24.56	10:03.54	10:03.25	10:02.43	10:01.84	10:01.84
1500 Free	21:46.96	21:46.96	20:56.22	20:37.88	20:27.53	20:21.02	20:05.90	20:04.70	20:04.70
100 Back	01:28.77	01:28.77	01:20.74	1:16.73	01:14.97	01:14.63	01:14.48	01:13.75	01:13.75
200 Back	03:04.70	03:04.70	02:50.03	02:43.37	02:40.47	02:39.87	02:39.80	02:39.35	02:39.35
100 Brst	01:40.48	01:40.48	01:31.81	01:31.01	01:28.82	01:26.91	01:26.28	01:26.17	01:26.17
200 Brst	03:37.52	03:37.52	03:19.11	03:18.32	03:17.37	03:16.25	03:15.05	03:14.53	03:14.53
100 Fly	01:37.72	01:37.72	01:27.21	01:25.80	01:17.00	01:16.58	01:16.45	01:15.83	01:15.83
200 Fly	03:35.37	03:35.37	03:09.14	03:01.76	02:55.59	02:52.10	02:49.96	02:49.49	02:49.49
200 IM	02:59.72	02:59.72	02:49.82	02:46.27	02:44.91	02:40.11	02:39.43	02:39.13	02:39.13
400 IM	06:32.58	06:32.58	06:22.02	05:58.41	05:42.61	05:35.61	05:35.34	05:33.95	05:33.95

Boys SC	Born 1.09.98 – 20.11.98	Yr 7 (1.09.97 – 31.08.98)	Yr 8 (1.09.96 – 31.08.97)	Yr 9 (1.09.95 – 31.08.96)	Yr 10 (1.09.94 – 31.08.95)	Yr 11 (1.09.93 – 31.08.94)	Yr 12 (1.09.92 – 31.08.93)	Yr 13 (1.09.91 – 31.08.92)	Open
100 Free	01:14.67	01:14.67	01:11.82	01:07.01	01:01.68	01:00.08	00:59.11	00:58.97	00:58.97
200 Free	02:39.77	02:39.77	02:35.24	02:24.11	02:15.46	02:10.73	02:10.39	02:09.63	02:09.63
400 Free	05:40.72	05:40.72	05:27.26	04:56.43	04:37.98	04:30.10	04:29.06	04:28.68	04:28.68
800 Free	12:00.44	12:00.44	10:58.68	09:58.49	09:44.14	09:35.00	09:32.46	09:31.06	09:31.06
1500 Free	22:16.69	22:16.69	21:19.59	20:17.83	18:44.19	18:41.69	18:30.54	18:28.46	18:28.46
100 Back	01:29.56	01:29.56	01:25.14	01:21.34	01:13.33	01:12.57	01:11.71	01:10.63	01:10.63
200 Back	03:02.72	03:02.72	02:59.66	02:53.16	02:38.33	02:35.51	02:33.20	02:31.60	02:31.60
100 Brst	01:42.38	01:42.38	01:37.96	01:32.94	01:26.19	01:21.11	01:20.45	01:20.37	01:20.37
200 Brst	03:33.62	03:33.62	03:27.71	03:23.09	03:08.75	03:04.85	03:04.18	03:03.35	03:03.35
100 Fly	01:39.38	01:39.38	01:36.57	01:27.94	01:16.32	01:11.47	01:11.04	01:10.62	01:10.62
200 Fly	03:33.97	03:33.97	03:27.73	03:13.90	02:47.80	02:42.02	02:36.84	02:36.16	02:36.16
200 IM	03:02.49	03:02.49	02:59.28	02:45.36	02:36.65	02:30.04	02:28.47	02:27.84	02:27.84
400 IM	06:29.85	06:29.85	06:15.59	06:08.91	05:28.01	05:23.18	05:23.15	05:22.23	05:22.23

Qualifying times must be achieved in the year prior to the closing date.

CONSIDERATION TIMES WILL BE TAKEN INTO ACCOUNT IF THE MEET IS NOT OVERSUBSCRIBED USING THE FOLLOWING: 3 SECONDS SLOWER FOR 100M, 6 SECONDS FOR 200M, 12 SECONDS FOR 400M AND 30 SECONDS FOR 800 & 1500M.

BRITISH GAS WELSH SCHOOLS & SWIM WALES WINTER NATIONALS

Programme of events

Friday 20 th November Session 1 Heats				Saturday 21 st November Session 4 Heats				Sunday 22 nd November Session 7 Heats			
1	Yr 9 & U (11-14)	B	100m Back	27	Yr 9 & U	B	100m Brst	53	Yr 9 & U	B	100m Free
2	Yr 9 & U (10-14)	G	100m Back	28	Yr 9 & U	G	100m Brst	54	Yr 9 & U	G	100m Free
3	Yr 10/11 (14-16)	B	100m Brst	29	Yr 10/11	B	100m Free	55	Yr 10/11	B	200m free
4	Yr 10/11 (14-16)	G	100m Brst	30	Yr 10/11	G	100m Free	56	Yr 10/11	G	200m free
5	Yr 12 & Over (16 +)	B	100m Free	31	Yr 12 & Over	B	200m Free	57	Yr 12 & Over	B	100m Fly
6	Yr 12 & Over (16 +)	G	100m Free	32	Yr 12 & Over	G	200m Free	58	Yr 12 & Over	G	100m Fly
7	Yr 9 & U (11-14)	B	200m Free	33	Yr 9 & U	B	100m Fly	59	Yr 9 & U	B	200m Brst
8	Yr 9 & U (10-14)	G	200m Free	34	Yr 9 & U	G	100m Fly	60	Yr 9 & U	G	200m Brst
9	Yr 10/11 (14-16)	B	100m Fly	35	Yr 10/11	B	200m Brst	61	Yr 10/11	B	200m IM
10	Yr 10/11 (14-16)	G	100m Fly	36	Yr 10/11	G	200m Brst	62	Yr 10/11	G	200m IM
11	Yr 12 & Over (16 +)	B	200m Brst	37	Yr 12 & Over	B	200m IM	63	Yr 12 & Over	B	200m Back
12	Yr 12 & Over (16 +)	G	200m Brst	38	Yr 12 & Over	G	200m IM	64	Yr 12 & Over	G	200m Back
13	Yr 9 & U (11-14)	B	200m IM	39	Yr 9 & U	B	200m Back	65	Yr 9 & U	B	200m Fly
14	Yr 9 & U (10-14)	G	200m IM	40	Yr 9 & U	G	200m Back	66	Yr 9 & U	G	200m Fly
15	Yr 10/11 14-16)	B	200m Back	41	Yr 10/11	B	200m Fly	67	Yr 10/11	B	100m Back
16	Yr 10/11 14-16)	G	200m Back	42	Yr 10/11	G	200m Fly	68	Yr 10/11	G	100m Back
17	Yr 12 & Over (16 +)	B	200m Fly	43	Yr 12 & Over	B	100m Back	69	Yr 12 & Over	B	100m Brst
18	Yr 12 & Over (16 +)	G	200m Fly	44	Yr 12 & Over	G	100m Back	70	Yr 12 & Over	G	100m Brst
Friday 20 th November Session 2 HDW				Saturday 21 st November Session 5 HDW				Sunday 22 nd November Session 8 HDW			
19	Yr 10/11	B	400m IM	45	Yr 9 & U	B	400m IM	71	Yr 12 & Over	B	400m IM
20	Yr 10/11	G	400m IM	46	Yr 9 & U	G	400m IM	72	Yr 12 & Over	G	400m IM
21	Yr 12 & Over	B	400m Free	47	Yr 10/11	B	400m Free	73	Yr 9 & U	B	400m Free
22	Yr 12 & Over	G	400m Free	48	Yr 10/11	G	400m Free	74	Yr 9 & U	G	400m Free
23	Yr 9 & U	B	800m Free	49	Yr 12 & Over	B	800m Free	75	Yr 10/11	B	800m Free
24	Yr 9 & U	G	800m Free	50	Yr 12 & Over	G	800m Free	76	Yr 10/11	G	800m Free
25	Yr 10/11	B	1500m Free	51	Yr 9 & U	B	1500m Free	77	Yr 12 & Over	B	1500m Free
26	Yr 10/11	G	1500m Free	52	Yr 9 & U	G	1500m Free	78	Yr 12 & Over	G	1500m Free
Friday 20 th November Session 3 Finals				Saturday 21 st November Session 6 Finals				Sunday 22 nd November Session 9 Finals			
1	Yr 9 & U	B	100m Back	27	Yr 9 & U	B	100m Brst	53	Yr 9 & U	B	100m Free
2	Yr 9 & U	G	100m Back	28	Yr 9 & U	G	100m Brst	54	Yr 9 & U	G	100m Free
3	Yr 10/11	B	100m Brst	29	Yr 10/11	B	100m Free	55	Yr 10/11	B	200m free
4	Yr 10/11	G	100m Brst	30	Yr 10/11	G	100m Free	56	Yr 10/11	G	200m free
5	Yr 12 & Over	B	100m Free	31	Yr 12 & Over	B	200m Free	57	Yr 12 & Over	B	100m Fly
6	Yr 12 & Over	G	100m Free	32	Yr 12 & Over	G	200m Free	58	Yr 12 & Over	G	100m Fly
7	Yr 9 & U	B	200m Free	33	Yr 9 & U	B	100m Fly	59	Yr 9 & U	B	200m Brst
8	Yr 9 & U	G	200m Free	34	Yr 9 & U	G	100m Fly	60	Yr 9 & U	G	200m Brst
9	Yr 10/11	B	100m Fly	35	Yr 10/11	B	200m Brst	61	Yr 10/11	B	200m IM
10	Yr 10/11	G	100m Fly	36	Yr 10/11	G	200m Brst	62	Yr 10/11	G	200m IM
11	Yr 12 & Over	B	200m Brst	37	Yr 12 & Over	B	200m IM	63	Yr 12 & Over	B	200m Back
12	Yr 12 & Over	G	200m Brst	38	Yr 12 & Over	G	200m IM	64	Yr 12 & Over	G	200m Back
13	Yr 9 & U	B	200m IM	39	Yr 9 & U	B	200m Back	65	Yr 9 & U	B	200m Fly
14	Yr 9 & U	G	200m IM	40	Yr 9 & U	G	200m Back	66	Yr 9 & U	G	200m Fly
15	Yr 10/11	B	200m Back	41	Yr 10/11	B	200m Fly	67	Yr 10/11	B	100m Back
16	Yr 10/11	G	200m Back	42	Yr 10/11	G	200m Fly	68	Yr 10/11	G	100m Back
17	Yr 12 & Over	B	200m Fly	43	Yr 12 & Over	B	100m Back	69	Yr 12 & Over	B	100m Brst
18	Yr 12 & Over	G	200m Fly	44	Yr 12 & Over	G	100m Back	70	Yr 12 & Over	G	100m Brst



BRITISH GAS WELSH SCHOOLS & SWIM WALES WINTER NATIONALS

BIOGRAPHY

NAME: _____

TEAM SWIMMING FOR AT MEET: _____

SCHOOL: _____ **SCHOOL YEAR:** _____

COACH: _____ **AGE:** _____ **NATIONALITY:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

EVENT NUMBER: _____ **EVENT:** _____ **BEST TIME:** _____

RECORDS HELD:

RECORD: _____ **EVENT:** _____ **BEST TIME:** _____

RECORD: _____ **EVENT:** _____ **BEST TIME:** _____

RECORD: _____ **EVENT:** _____ **BEST TIME:** _____

INTER/NATIONAL EVENTS

	LC/SC	LEVEL – YOUTH/JUNIOR	YEARS SWAM	EVENTS	POSITION
OLYMPIC GAMES					
WORLD					
EUROPEAN					
COMMONWEALTH					
OTHER OR NATIONAL: _____					

2009-2010 SQUADS

BRITISH/ SCOTTISH/ IRISH/ WELSH/ OTHER: _____

WORLD CLASS PODIUM/ WORLD CLASS DEVELOPMENT/ GOLD/ SILVER/ BRONZE/ SENIOR ELITE/ YOUTH/ RELAY/ REGIONAL/ SKILLS/ OTHER: _____

Date Completed: _____



BRITISH GAS WELSH SCHOOLS & SWIM WALES WINTER NATIONALS

20th – 22nd NOVEMBER 2009 – SWANSEA

COACH PASS INDIVIDUAL APPLICATION FORM

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME:	
NAME OF CLUB:	
POSITION Eg Club Coach:.....	
ADDRESS:.....	
.....	POST CODE:
TEL NO:	FAX NO:.....
EMAIL:.....	
SWIM WALES/SCOTTISH SWIMMING/ASA AFFILIATION NUMBER.....	
CRB NUMBER:	

The above named person is authorised to hold a pass for this club _____ (Signed - CLUB SECRETARY)

PLEASE NOTE ONLY MEMBERS AFFILIATED TO SWIM WALES/SCOTTISH SWIMMING/ASA OR A MEMBER OF A FINA AFFILIATED COUNTRY WILL BE ELIGIBLE FOR A COACHES PASS.

PLEASE SEND A CHEQUE FOR £12.50 (MADE PAYABLE TO SWIM WALES) AND A PASSPORT PHOTO (UNLESS A PHOTO IS ALREADY LOGGED WITH SWIM WALES) FOR EACH PASS.

ONLY APPLICATIONS WITH A PHOTOGRAPH WILL BE ACCEPTED.

**NO PASSES WILL BE AVAILABLE ON THE DAY THEY MUST BE PURCHASED BEFOREHAND.
THERE WILL BE NO ACCESS TO THE POOLSIDE WITHOUT A COACHES PASS.**

PASSES WILL BE RESTRICTED TO A MAXIMUM OF 1 FEMALE AND 1 MALE PASS FOR UPTO 10 SWIMMERS.
ONE ADDITIONAL PASS WILL BE ALLOWED FOR EVERY ADDITIONAL 10 SWIMMERS UPTO A MAXIMUM OF 4 PER CLUB.

All completed forms to be returned to the **Swim Wales Office, Wales National Pool, Sketty Lane, Swansea SA2 8QG**

CLOSING DATE: MONDAY 12th October 2009



BRITISH GAS WELSH SCHOOLS & SWIM WALES WINTER NATIONALS

MEET SUMMARY SHEET

This Form must be completed and returned with the Hy-Tek Meet Entry Fee Report and Entry File
(Unless already emailed to events@welshasa.co.uk)

Club: _____ Club Code: _____

Contact Name: _____

Address: _____

Tel No: _____ Mobile: _____

Email Address: _____

Team Size:

Total Number of Individual Entries @ £7 per event £.....

Total number of Coach Passes @ £12.50 each £.....

Number of Annual Coach Passes held by the club

Total cheque enclosed made payable to Swim Wales "and crossed" £.....

Forms to be returned to:

Swim Wales Office,
Wales National Pool,
Sketty Lane,
Swansea,
SA2 8QG

Email: events@welshasa.co.uk

Tel: 01792 513636

CLOSING DATE: MONDAY 12th October 2009